

Crustless Pumpkin Pie (Paleo)

Shopping List

- 1 15oz. can organic pumpkin puree (pure pumpkin, not pumpkin pie filling)
- 3 large, organic eggs
- 1 cup unsweetened full fat coconut milk
- 1/3 cup honey
- 1 tbsp cinnamon
- 1 tbsp pumpkin pie spice or allspice
- 2 tbsp coconut flour
- 1 tbsp vanilla

Preheat oven to 350* F.

Mix all the ingredients together using a hand mixer.

Grease the pie pan using coconut oil and pour the pie mixture into the pan. Bake the pie for about 75 minutes at 350* F. Make sure to watch the pie as all ovens vary and test for it to be done baking by inserting a toothpick into the middle. It should come out clean.

Allow the pie to cool some before serving warm. Store in the refrigerator.