

## **Paleo Pumpkin Bread** (Paleo)

### Shopping List:

- 6 organic eggs (room temperature)
- 1/4 cup coconut flour
- 1/2 cup almond flour
- 1/2 cup olive oil
- 2 tbsp arrowroot flour
- 1/2 tsp Pink Himalayan sea salt
- 1 tsp baking powder
- 3/4 can organic pumpkin puree (though I suggest only 1/2 can)
- I added one banana though I am not sure that it added any benefit other than nutrition
- a hint of vanilla extract
- a lot of pumpkin spice seasoning
- a lot of cinnamon.

You can add the pumpkin spice and cinnamon to your taste preference.

Mix all of the ingredients together and pour into a greased loaf pan. Bake the pumpkin bread at 350 F for about 40 minutes, but just watch your time and the bread's appearance. It is done when you can stick a toothpick into the center and it comes out clear.